

Intro to

KEEP BREATHING

EVOLVE
WELLNESS STUDIO

with us

VIRTUAL PULMONARY REHAB

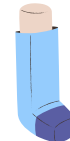
KLA - OHT COPD Integrated Clinical Pathway Program

EXERCISE, EDUCATION, SUPPORT
8 WEEK PROGRAM

MONDAYS 10AM-11AM

WEDNESDAYS 930-11AM

EQUIPMENT NEEDED: zoom

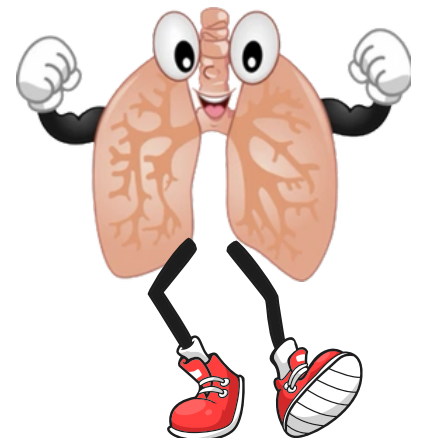


PHYSIOTHERAPIST LED

Lisa Dow, RPT

Keep Breathing Programs

iKB, KB



Evolve Wellness Studio

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